

# Cambridge Commission on the Status of Women

May 6, 2015

## Commission Meeting

### Upcoming Events

#### **May 11 Women in Cambridge: Fashionably May**

6–8:30pm *Christopher's Restaurant & Bar, 1920 Massachusetts Ave*

Come hear from Cambridge resident Allison Daroie, clothing designer and founder of Paridez, an apparel line that transitions from work to a night on the town.

#### **May 27 Get Energized! Spring Walking Series**

12pm *Alice K. Wolf Center, 5 Western Ave*

Bring friends and colleagues, meet people from other City departments, get moving, and learn fun and interesting facts about City neighborhoods!

#### **June 3 CCSW Meeting**

#### **June 4 Women and Words! Women Navigating the Mental Health System; stories, tips, resources**

7pm *City Hall Annex, 344 Broadway*

Come hear from Cambridge experts Dr. Xenia Johnson Bhembe, MD and Catherine Pemberton, LICSW

#### **June 9 18th Annual 5th Grade Girls' Sports Day**

*Danehy Park*

Now an eagerly anticipated annual event, the day is organized in collaboration with the School Department's Health, Physical Education, and Athletics Department and represents a unique citywide attempt to direct girls toward physical activity as a way of life. Research has shown that girls who participate in organized sports and other forms of physical exertion on a regular basis are at a substantially reduced risk for teenage pregnancy, smoking, obesity, and osteoporosis.

#### **June 15 Women in Cambridge: Cambridge Arts**

6-8:30pm *Cambridge Arts Council Gallery, 344 Broadway*

## Minutes

**In attendance:** Johanne, Golnaz, Susan, Lisa, Laura, Pamela, Srin, Phyllis

### **Joint Commissions Meeting**

Kimberly, along with Laura and Johanne, attended a joint commission meeting at City Hall, called by the City Manager's office, on May 6. Commissions were invited to share their mission and projects and programs in which they are currently involved.

### **Veteran's and Human Services Committee Meeting**

Councillor McGovern, Chair of Human Services and Veterans Committee, called a hearing on May 6 to discuss domestic violence and anti-domestic violence initiatives in Cambridge. Liz Speakman, the city's new Domestic and Gender-Based Violence Prevention Coordinator, presented along with representatives from the police department, public health, Guidance Center, Women's Commission, and Transition House. Members of Cambridge City Council and the public attended.

## **Mammovan**

Laura has been in contact with the staff who run the mammography van at the Dana-Farber Cancer Institute. She is involved in conversations about the best ways for us to host the van in Cambridge this summer and the most effective ways to get people involved.

Women who qualify for the van's services have to be 40+, healthy, and have health insurance. Right now we have to secure space for the van and reach out to community contacts. Commissioners have suggested partnering with the YWCA, Senior Center and the CLC, especially if the van is going to be in front of City Hall. We could also promote the event at the Cambridge Dance Party and Hoops and Health.

It was also suggested that we could have a mini health fair outside the van on the sidewalk with more health information, including mental health information. We also need to look into getting childcare for women while they are getting the exam.